

Indiana School for the Blind and Visually Impaired

September 4, 2023 – September 8, 2023

Elementary/MS/HS Menu

Monday – NO SCHOOL – LABOR DAY WEEKEND

Tuesday Breakfast

Strawberry Cream Cheese Mini Bagel or Assorted Cereal/Grahams and Yogurt, Fresh Fruit, Juice, Milk

Tuesday Lunch

Walking Tacos or Deli Sandwich or Southwest Chicken Entrée Salad or Soy Butter/Jelly, Refried Beans/Cheese, Assorted Fresh Veggies, Fresh Fruit and Canned Fruit, Milk

Tuesday Dinner

Country Fried Steak, Mashed Potatoes, Vegetable, Fresh Fruit, Baker's Choice, Milk

Wednesday Breakfast

Waffles or Assorted Cereal Bowl and Yogurt or Cinnamon Grahams and Yogurt, Fresh Fruit, Juice, Milk

Wednesday Lunch

Country Sausage Gravy with Biscuit Sticks and Sausage Patty or Deli Sandwich or Chef Entrée Salad or Soy Butter/Jelly, Roasted Carrots, Garden Side Salad, Assorted Fresh Veggies, Fresh Fruit and Canned Fruit, Milk

Wednesday Dinner

Chicken Tenders, Potato Tots, Vegetable, Fresh Fruit, Baker's Choice, Milk

Thursday Breakfast

Scrambled Egg with Cheese on English Muffin or Assorted Cereal/Grahams and Yogurt, Fresh Fruit, Juice, Milk

Thursday Lunch

Grilled BBQ Chicken Sandwich or Deli Sandwich or Entrée Salad or Soy Butter/Jelly, Mixed Vegetables, Potato Salad, Assorted Fresh Veggies, Fresh Fruit and Canned Fruit, Milk

Thursday Dinner

Cook's Choice, Vegetable, Fresh Fruit, Baker's Choice, Milk

Friday Breakfast

French Toast Sticks or Assorted Cereal/Grahams and Yogurt, Fresh Fruit, Juice, Milk

Friday Lunch

Fish Po Boy Sandwich or Chicken Entrée Salad or Soy Butter/Jelly, Corn on the Cob, Assorted Fresh Veggies, Fresh Fruit and Canned Fruit, Milk

Sunday (Meal in Dorm)

Cook's Choice, Vegetable, Fruit, Cookie, Milk

*****Menu subject to change. 100% Whole Grain at Breakfast. Soy Butter and Jelly sandwich offered as alternative choice at lunch upon request. This institution is an equal opportunity provider.**